



# PROJECT NORTH STAR & ULTIMATE GREENOUGH



## Reach new heights at PROJECT NORTH STAR & ULTIMATE GREENOUGH

### WHAT TO BRING TO CAMP

- **Completed medical form on day one**
- **Comfortable footwear with socks—No open-toed shoes or Sandals or Crocks**
- **Swim suit and towel**
- **Sun block—SPF 15 or higher**
- **Wear a hat**
- **Bag lunch (beverage provided)**
- **Water bottle**
- **Insect repellent—No aerosol cans please**
- **Poncho (rain gear)**
- **Trading Post spending money**
- **Keep it all in a small backpack.**

### WHAT NOT TO BRING

- **Fishing Gear—use ours**
- **Electronic games and toys**
- **Archery equipment**
- **Personal firearms**
- **Cell phones**

## Information for Campers, Parents and Guardians

### **CAMP—IT'S WHERE ADVENTURE LIVES!**

PROJECT NORTH STAR and ULTIMATE GREENOUGH are specifically designed for boys and girls too old for day camp yet too young to stay home alone. PROJECT NORTH STAR is intended to supplement a Boy Scout's resident summer camp experience with his troop. ULTIMATE GREENOUGH, for boys and girls age 11-14, provides a similar experience without the focus on Scout advancement. Both programs present five full days in the great outdoors packed with activity and *FUN in a safe environment*. Some advance preparation will help ensure an exciting and enjoyable experience. There are a few things campers and parents should remember to help get the most out of their summer camp experience.

- ⇒ **Arrive on time.** Program begins at 9:00 AM and ends at 4:00 PM Avoid your camper having to locate his group after the program start time or waiting in the parking for parents at the end of the day.
- ⇒ **Extended Hours** may be available and must be pre-arranged with the Camp Director. An additional fee



PROJECT NORTH STAR AND ULTIMATE GREENOUGH

- of \$35 per week applies.
- ⇒ **Wood and Deer Ticks** are present throughout the camp. Take appropriate precautions including a thorough body inspection when you get home. Consult your physician before using DEET-based repellants.
- ⇒ **Refrigeration** may be provided for camper bag lunches. Parents should still avoid egg-based products such as mayonnaise
- and easily perishable foods in lunch preparation. Lunch beverage will be provided.
- ⇒ **First Aid** treatment of injuries will be handled by certified camp staff. Parents will be called immediately in the event of serious injury or if transport to a medical facility is necessary.

### COMPLETED MEDICAL FORMS ARE REQUIRED OF ALL PARTICIPATING YOUTH, ADULTS, AND STAFF.

Participation requirements for summer camps, include completion of a BSA Annual Health History. Medical information required is a **current health history signed by a parent or guardian**. All immunizations must be up to date with **actual dates** listed. The current medical short form is

available on-line at [www.scoutscapecod.org/camp/summer-programs](http://www.scoutscapecod.org/camp/summer-programs).

**Participants must complete Parts A and B of the medical history form.**

Any and all camper medications must be presented to the Camp Director, in the original container, labeled with the camper's name and any doctor's instructions for administration. *Campers may keep with them only inhalers (for asthma and allergies) .*

**Cape Cod & Islands Council, Inc.  
Boy Scouts of America**

247 Willow St.  
Yarmouth Port, MA 02675  
Phone: 508-362-4322

**Camp Greenough Scout Reservation**

227 Pine Street  
Yarmouth Port, MA 02675  
Phone 508-362-3428

*Serving Cape Cod, Nantucket,  
and Martha's Vineyard*



We're on the Web at  
[www.scoutscapecod.org](http://www.scoutscapecod.org)  
Stay Informed!  
Sign up for e-mail and join  
us on facebook



*"There is no greater task, no more noble endeavor than to raise our  
young people to be adults of high standing and good character"  
- Tecumseh (1768-1813), Chief of the Shawnee*

Helping turn youth into honorable adults has been the mission of the Boy Scouts of America since 1910. BSA and the Cape Cod & Islands Council fulfill that mission by developing high quality, values-based, character education programs to be used as tools by parents as they fulfill their responsibility for their children's character education. Summer Camp is an important part of the Boy Scout program and is one of those educational tools. Because it is a high energy, outdoor, recreational program, campers just see it as *FUN!*

## CAMP GREENOUGH TRADING POST IS PREPARED TO SERVE CAMPER NEEDS

From walking staves to whittling projects, pins and patches to snacks of all kinds, Trading Post manager Ed Matthews is ready with every camper's every need and will open the store as needed. **Parents should visit the trading post at least once during the week.**



The Trading Post is well stocked and open every day.

## A Few Points to Remember

- Camper drop-off and pick-up is in the camp parking lot. *Please*, for the protection of all the campers and staff, do not drive into the camp.
- Campers will check in and out at the flagpole adjacent to the parking area and assemble for opening and closing ceremonies daily at their assigned campsite.
- For your child's safety, campers will not be allowed to leave camp with anyone other than ***you***, unless you provide, in advance, a completed and signed *Authorization to Release Camper*.
- There will be a program for parents at the end of each week.
- The Camp Greenough phone (508-362-3428) may not always be attended as the staff is busy providing daily program for your child. In the event of an emergency, parents may call the Council Service Center (508-362-4322).
- There's no better way to ***get away without going away than to join us*** for family camping weekend. See details on-line at [www.scoutscapecod.org](http://www.scoutscapecod.org).